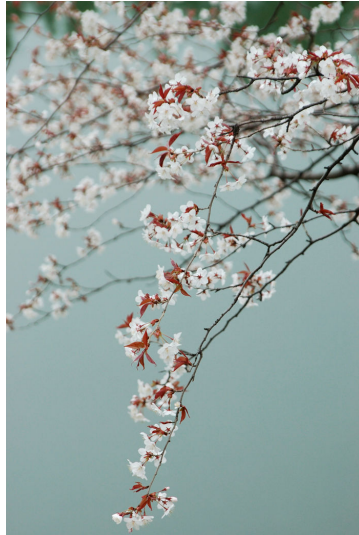


Free Parent Education Classes in May, 2009



Financial Planning for Families with Special Needs Children

Class meets: Thursday, May 7, 2009 6: 30-8:30 p.m. Amador Valley High School Library

Instructors: Andrew Vasquez, ChFC, LUTCF, financial planner and parent of a child with special needs.
Ron Sanchez, LUTCF, financial planner.

No matter what age or disability, parents of children with special needs have serious questions about how to best provide for their child's future well-being. Review legal options when a child with special needs turns 18, and determine how much money is needed to provide lifetime quality care for your child.

Parenting Your Aging Parent

Class meets: Wednesday, May 13, 2009, 7:00-9:00 p.m., Amador Valley High School Library Conf. B

Instructor: Ruth Gasten, Parent Educator for 35 plus years. Cared for her mother until her death at 95.

Are you a Baby Boomer sandwiched between the needs of your growing children, your aging parents, and your own needs? This class will provide support, information, and resources for current and future caregivers of aging parents or other relatives.

You Just Don't Understand: Improving Couples' Communication (Part 2)

Class meets: Tuesday, May 5, 2009, 7:00-9:00 p.m., Amador Valley High School Library Learning Lab

Instructors: Cliff Crain & Liz Hannigan, co-directors of the Center for Creative Living in Danville.

This class is designed to help couples communicate more effectively with each other and with their children. Couples will learn new ways to share and resolve conflicts.

Young Children and the 40 Assets: Helping Them Succeed

Class meets: Tuesday, May 5, 2009 6:30-8:30 p.m., Harvest Park Middle School Room B-19

Instructor: Tammy Gardner, MS, Early Childhood educator, administrator, and parent educator.

Parents will learn to build a solid foundation in the 40 Developmental Assets®, beginning in their child's early years, when parents are most influential in their child's life.

Registration is recommended. Please call the Amador Valley Adult School at: (925) 426-4280

For more information, visit us online at: www.pleasanton.k12.ca.us/adulted